

	EIC - FEB. 2018 - WEEK 1	FEB. 2018 - WEEK 2
M	5	12
	Green leaf salad with tomatoes (canonigos)	
	Chicken broth with noodles	HALF TERM
	Meatballs (chicken) in tomato sauce with rice, peas	
	Ice cream	
T	6	13
	Mixed salad (lettuce, tomato, corn and carrot)	
	Pasta quills with two sauces (tomato or cheese)	HALF TERM
	Baked hake with vegetables	
	Custard	
W	7	14
	Sliced tomato and cheese	
	Cream of vegetable soup	HALF TERM
	Shepherd's pie with broccoli	
	Jelly	
T	8	15
	Mixed salad (lettuce, tomato, corn and carrot)	
	Chinese style noodles with vegetables	HALF TERM
	Fish croquettes (cod) with corn	
	Petit suisse	
F	9	16
	Caesar salad	
	Cream of carrot soup	WHITE WEEK
	Burgers (turkey) with chips	
	Fresh fruit salad	

FEB. 2018 - WEEK 3		FEB-MARCH 2018 - WEEK 4	
M	19	26	
	Mixed salad (lettuce, tomato, corn and carrot)	Sliced tomato and tuna	
	Pasta bolognese	Cream of leek soup	
	Hake sticks with corn	Baked hake with vegetables	
	Fruit	Yoghurt	
T	20	27	
	Caesar salad	Green leaf salad with tomatoes (canonigos)	
	Cream of vegetable soup	Vegetable broth	
	Roasted chicken drumstick with vegetables	Breaded chicken with rice & veg.	
	Yoghurt	Ice cream	
W	21	28	
	Sliced tomato and cheese		
	Vegetable broth	FESTIVE	
	Jacket potatoes		
	Jelly		
T	22	1	
	Pasta salad (optional: tuna)	Mixed salad (lettuce, tomato, corn and carrot)	
	Chicken broth with noodles	Lasagna (with chicken and beef)	
	Breaded hake with green beans	Roasted chicken drumstick with vegetables	
	Custard	Petit suisse	
F	23	2	
	Green leaf salad with tomatoes (canonigos)	Sliced tomato and cheese	
	Lentils	Cream of carrot soup	
	Chicken stew with boiled potatoes and fried aubergine slices	Fish nuggets with dice potatoes	
	Fruit	Homemade sponge with custard	